



Bullying Prevention



Stop the Silence. Help End the Violence.

 652729 (OK2SAY)

 ok2say.com



NATIONAL

SUICIDE PREVENTION LIFELINE

1-800-273-TALK

suicidepreventionlifeline.org



NATIONAL HUMAN TRAFFICKING HOTLINE



CALL
1-888-373-7888



TEXT
"BeFree" (233733)



LIVE CHAT
humantraffickinghotline.org

24/7 • Toll free
Confidential
200+ languages

GET HELP • REPORT TRAFFICKING

TEXT 2-1-1

**GET CONNECTED.
GET ANSWERS.**

FOOD * HOUSING * UTILITIES
EMERGENCY SHELTER
CLOTHING * LEGAL AID
SUBSTANCE ABUSE
MENTAL HEALTH

Text your zip code to

TXT 211



Experiencing Domestic Violence?



24-Hour Helpline
(888) 664-9832



**Sexual Assault
Services
of Calhoun County**

**24
HOUR**

Crisis Line
888.383.2192



**Asking for help is a sign
of strength!**



For more information, use your phone to scan the QR codes
or reach out to a teacher, counselor, or any trusted adult!