

# October 2017

## Homer Community Schools

### BREAKFAST



Menu subject to change. This institution is an equal opportunity provider.



**Nutrition Tip:** Breakfast is the most important meal of the day. At Homer Community Schools, Breakfast is free for all students.



#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

Pillsbury Mini Pancakes or **2**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

French Toast Sticks or **3**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Yogurt With Graham **4**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Mini Bagel or **5**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Breakfast Pizza or **6**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Pancake wrap stick or **9**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Cheese Omelet or **10**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Cinnamon Roll or **11**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Breakfast Sandwich **12**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Breakfast Pizza or **13**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Eggo Mini Waffles or **16**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Sausage Muffin or **17**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Pillsbury Mini Pancakes or **18**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Whole Grain Donut or **19**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Breakfast Pizza or **20**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Apple Frudel or **23**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Breakfast Sandwich or **24**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Sausage Gravy & Biscuit or **25**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Whole Grain Donut or **26**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Breakfast Pizza or **27**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Dutch Waffle or **30**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

Cheese Omelet or **31**  
Grab & Go Pack  
Fruit or Fruit Juice, Milk

